

## Metis Counseling & Wellness LLC

4500 W. Illinois Ave. Ste. 212

Midland, Texas 79703

Business Number: 432-356-3259

\*\*\* Please leave a message if no answer, all calls are strictly confidential \*\*\*

### INFORMATION

The purpose of the Metis Counseling & Wellness LLC (MCW) is to serve the Permian Basin Community members that may be having difficulties in their lives. Our office is available for a variety of services. These services include and may not be limited to the following:

- Substance abuse counseling
- Mental health counseling
- Education in wellness and nutrition for mental/brain health
- [Drug Offender Education \(DOEP\)](#)
- [Anger Management class](#)

If you or someone you know could benefit from such services, please contact [Metis Counseling & Wellness LLC](#), or refer by completing the [General Referral Form](#). It is our mission to provide guidance and services to the Permian Basin Community as a whole.

### LOCATION & HOURS OF OPERATION

The Metis Counseling & Wellness LLC is located at 4500 W. Illinois Ave. Suite 212, Building 2. MCW services are provided at various times therefore its By Appointment Only. Please contact MCW to inquire about hours of operation and to schedule an appointment. All scheduling is done through the counselor, as they keep their own schedules. The counselor will then take pertinent information (telephone intake takes approximately 5-10 minutes). Once we gather the information, we will set up the first appointment or be provided a resource that would be most appropriate. If the appointment is unable to be kept, please notify our counselor at least 24 hours in advance.

### FEES

The counseling fee agreement will be completed at the first appointment and will state the fee and payment requirements. We request payment at the time of scheduled appointment. We accept cash, check, and/or Visa, MasterCard. For those who have insufficient financial resources to afford the standard fee may inquire about the reduced fee. No insurance is accepted; however, it would be the responsibility of the individual to inquire with their insurance company if they offer reimbursement.

Counseling sessions are 45-60 minutes long besides the initial assessment which will be 1.5 hours.

**Initial Assessment:** \$155 (Only New Clients: One-time fee)

**Individual Counseling:** \$90 (Established/Returning Clients)

Credit cards will be charged the day of each attended therapy appointment. Please note that a small processing fee might be added to the total.

*Special Note: The reduced fee will not be available for our classes (i.e., DOEP, anger management, etc).*

### CONTACT INFORMATION

Daniela Espinoza, LPC, LSOTP, LCDC

[despinoza@metiscw.com](mailto:despinoza@metiscw.com)

432-978-8068 (Talk/Text)

You can visit our webpage [www.metiscw.com](http://www.metiscw.com) for more information.